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ABSTRACT

This educational program on drugs and alcohol provides a "No-Use" message to students. The curriculum maintains that alcohol, tobacco, and illicit drugs are unhealthy and harmful, and that society's laws and values are to be respected. The lessons build students' resistance to influences that encourage drug abuse and they promote safe, healthy, and responsible attitudes while correcting mistaken beliefs and assumptions about drugs and alcohol. Lessons appear on 36 "Task Cards" which are intended to be used once a week during a traditional school year. The sequence and frequency with which these Task Cards are used, though, is at the instructor's discretion. Cards may be completed individually or in a group. Each card contains a benchmark (a one or two line goal for the lesson), a short message that the facilitator can present to the students, and an activity, all of which are age appropriate. If students work in groups, they are encouraged to create and display a team name, a pennant or banner with their team symbol, a license plate, a team motto or slogan, and a simulated 1-800 phone number. Cartoon characters with positive messages appear at the end of the publication and these can be awarded to students as incentives. (RJM)

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ED 381 731

Drexler Associates, Inc, P.O. Box 722, Erie, PA 16512

SPARKS EDUCATIONAL PROGRAMS

Smart People Act Responsibly to Keep Safe

DRUG AND ALCOHOL AWARENESS

FOR

Grade Two

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
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Publisher of Educational Material

SPARKS EDUCATIONAL PROGRAMS

Drug and Alcohol Awareness Programs

Nora L. Drexler, the author and illustrator of SPARKS EDUCATIONAL PROGRAMS, received her M. Ed. from Gannon University and has received special training in Gifted Education from the University of Connecticut. She has taught regular and gifted education in Kindergarten through grade eight in Pennsylvania. Currently she teaches Gifted Education in the Millcreek Township School District in Erie, Pennsylvania. She has participated in the Governor's Lead Teacher Program in PA. She gives national and international presentations, and teaches new trends in computer technology. She implements cooperative learning, integrated curriculums and directs educational television programs for children.

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RATIONALE

SPARKS, (Smart People Act Responsibly to Keep Safe), is a nationally marketed, educational program brought to you exclusively by Drexler Associates, Inc. The "NO-USE" message in this curricula is clear, consistent, and positively communicated throughout this material. This program spirals in a continuous progression from kindergarten through grade eight and maintains that the use of alcohol, tobacco and illicit drugs is unhealthy and harmful, and that the laws and values of our society are to be respected. This program builds resistance to influences that encourage drug abuse, promotes safe, healthy and responsible attitudes, and corrects mistaken beliefs and assumptions.

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TO THE TEACHER/FACILITATOR

The lessons on the "Task Cards" in this publication are designed for use once a week, for a traditional thirty-six week school year. However, the actual sequence or frequency of these Task Cards should be at the discretion of the prevailing instructor, counselor or group leader in charge. The Task Cards could be completed individually or used in a cooperative learning, group situation. Benchmarks can be discussed orally and the facts can be written in a student notebook.

If students are working in small groups of three or four students, they should create and display their team names, a pennant or banner with their team symbol, a license plate (Example: WE-ARE-#1), a team motto or slogan, and a simulated 1-800 phone number, (Example: 1-800 -NODRUGS).

The teacher can assign "tangible" points to the teams in the form of buttons, popcorn kernels, perler beads, etc. contained in a jar or plastic, reclosable sandwich bag, or show points listed on a chart. Points can be administered by the teacher's discretion for accuracy, cooperation, quality work, creative answers, organization, participation, effort, extra drug and alcohol information or speakers brought into the class, etc. Winning team upon conclusion of the task cards, is the one with the most points. Students delight in seeing visible progress through the containers, and competition becomes more exciting each week.

Cartoon characters, from the Creature Feature Cards at the end of this publication, can be awarded to students in any quantity, in any fashion, for any reason, at the discretion of the group facilitator.

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To the Student: About Drugs and Crime

When drugs are prescribed by doctors and used wisely, they can ease pain and suffering, help fight infection and even cure diseases. But when drugs are not supervised by a doctor, not used wisely, or used by someone other than the person for whom the drug was prescribed, they can cause pain, suffering, illness and even death. Do not experiment with any drugs, medicine, alcohol or chemicals!

Sooner or later, you will probably come in contact with people who are using illegal drugs or alcohol or, who are selling or "pushing" this habit on others. You may be tempted to try the drug because of stories you have heard, of promises made by the "pusher," just from curiousity, or because of the pressure to do whatever your friends are doing. However, drugs will NEVER help you get better grades, will NEVER make you more popular, and will NEVER solve any problems that you may have.

Drugs and alcohol can cause you a lot of pain, make you very sick and even cause death. It may seem hard for you to say "No," but it is certainly easier to refuse drugs NOW, than to try to break the habit later. Be strong in your plans to stay clean and free from drugs, alcohol and crime. Don't hang around with other kids who get into trouble with the law, or who use drugs or alcohol. Stick with friends who respect the drug-free, crime-free choice. You must learn the facts about drug and alcohol abuse, and care about your body, your mind, and your future.

Crime is everybody's business! Preventing crime is everyone's duty. All citizens in our country have the responsibility of keeping themselves safe and their community safe. You also, share in this important responsibility. Laws of your state and city, as well as the rules within your home, school and community, were designed to keep you safe and help you grow up to be the best you can be. Obey the laws. Obey the rules. Encourage your friends to respect laws, rules and property. Whenever a crime is committed, everyone pays. Taxes go up, more money is spent to fix property, or to punish criminals, or to hire more staff to help protect innocent people. Think about it. This is money that could have been routed for other purposes such as health care, research for diseases, better parks, roads, education, inventions, space travel, etc. Whenever a crime is commited, someone is injured or rights are violated. Crime hurts everyone. It takes a long time to rebuild damaged property and fix broken lives. Everyone suffers. Everyone pays the price.

You and your classmates can help. Take steps to prevent crime. Follow the rules. Report law breakers or suspicious behavior. Be respectful of those in authority. Honor police officers and those who risk their lives every day so that you and your family can have a better life, without fear of intruders, vandalism, pollution, theft, or drivers on the road who are under the influence of alcohol or drugs. Perhaps, you, too, will choose a career in law, or law enforcement, to continue to help our citizens live and grow in a crime-free, drug-free environment.

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TASK CARD # 1

BENCHMARKS - The student should know:

* To try hard in school
* To learn to follow rules

Activity: Trophy

Draw yourself in school doing something you like to do and write about something in school that you do well. On that page design a new trophy. Write your name on the trophy. Compare your trophies and interests.

TASK CARD # 2

BENCHMARKS - The student should know:

* People who abuse drugs are not happy with their lives
* People who abuse drugs think that pills and chemicals will patch everything up quickly
* The use of illegal drugs and alcohol will not fix anything
* Drugs only cause more problems
* One way that you can make your life go in the right direction is by eating the right foods

Activity: Restaurant Menu

Start your day with a good breakfast. Your body needs energy to do a good job. Think of the items needed for a good breakfast. Make yourself a new restaurant owner. Show what your restaurant looks like. Design a menu for your drug -free meals. Make a free"coupon". Invent a new drug-free cocktail using fruit juices, soft drinks or milk and other items such as your favorite candy bar melted down. Design a drug-free place mat.

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TASK CARD # 3

BENCHMARKS - The student should know:

* Abusing drugs and using alcohol, will not help you cope with stress in your life
* Stress is something you feel when you are worried, concerned or anxious about things going on in your life
* Everyone has stress, and some stress is good because it keeps you alert and "on your toes!"
* One way to cope with stress, is to get enough sleep so that you can think clearly.

Activity: Sweet Dreams

Picture yourself having a sweet dream. What is in your dream? Colored clouds, rainbows, castles, treehouses, endless playgrounds? Draw a scene from your dream.

TASK CARD # 4

BENCHMARKS - The student should know that:

* Your life is special and precious
* To abuse drugs or alcohol would spoil that beautiful life
* Celebrate life. Celebrate your Country, especially on July 4th every year

Activity: Popsicle Goalposts

Think of many reasons to stay healthy so that you can live a long and happy life. Show the reasons by using a sheet of drawing paper and popsicle sticks. Glue the sticks down to look like a goalpost in a football field. At the top of the goalpost, print "The goals I have". Glue each popsicle stick down like a "ladder". Print (using pen or thin marker), things you want very much to do. (Become an animal doctor, play sports, travel, find a cure for cancer, etc.).

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TASK CARD # 5

BENCHMARKS - The student should know that:

- To be kind to all living things. (After all, you are a living thing.)
- Drug and alcohol abuse are ways that you would hurt yourself

Activity: Mock Photo Scrapbook

Think of a time when you, or someone else, helped a person or animal. On a square of heavy paper, draw a picture of that time when you were an important helper. Make the square look like a photograph mounted in an old scrapbook, by coloring in the slanted corners of the picture. Mount all photos on large paper or oaktag "photo album" to show the world you care.

TASK CARD # 6

BENCHMARKS - The student should know:

- To enjoy music, because it helps to keep your life in rhythm
- If you break the law, or abuse drugs and alcohol, your life will be changed forever

Activity: Scroll Top Tune List

What is your favorite tune? Who is your favorite musical artist? Have someone bring in a list from the newspaper that tells the top ten hits of the country. Try to read the names of those ten songs. Make up a four line "rap" about drugs. Perform it for the group. Make a long scroll covered with music notes around the edges. At the top put "Just a Note" to say "We want to be drug-free!" Present the scroll to an important person after everyone signs the scroll.

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TASK CARD # 7

BENCHMARKS - The student should know:

* Everyone feels lonely now and then
* The use of drugs or alcohol will not help those feelings

Activity: Draw a Picture

Let people know how much you care about them. People need people. How can you let your parents know that you love them? List, using simple pictures or symbols, all the things you can do to show your parents that you love or care about them. (Do what they ask, help in the kitchen, don't fight with brothers and sisters, stay out of trouble in school, etc.). This is a contest to see what group thinks of the most things in 10 minutes. After 10 minutes, each group will share only their best ideas, which they believe no one else has thought of.

TASK CARD # 8

BENCHMARKS - The student should know:

* You won't be tempted to break the law or abuse drugs if you feel good about yourself

Activity: "I.O.U." Gifts

Share. Give gifts. Others will like you, if you like yourself. Gifts don't have to cost money. Make "I-O-U' s" for someone you love. (Clear the dinner table, sweep the floor, do the dishes, take out the garbage). Make "I-O-U' s" for your teachers, your friends, etc. Use old wrapping paper or colored comics from the newspaper. Wrap your I-O-U gifts and tape them shut like a present. Add ribbons or bows if you have them. You could tie your presents with yarn.

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TASK CARD # 9

BENCHMARKS - The student should know:

* If you make a mistake, forgive yourself.
* If you make a mistake, pick yourself up and try again
* The use of drugs or alcohol will not fix mistakes
* Abuse will not solve problems, just cause more problems

Activity: Nobody's Perfect

Draw and explain the last silly mistake you made. (Make sure it is something you want to share aloud with the group). Make a display that says "Nobody's perfect". Mount the pictures everyone drew.

TASK CARD # 10

BENCHMARKS - The student should know:

* The use of drugs and alcohol will not open worlds of power, money and success for you

Activity: Inventions

Ideas lead to new worlds and new inventions. What would you invent if you could? Inventions usually solve a problem. Start by thinking of things that really annoy you. "I don't like it when..." (I have to wait for the hot water to flow through the shower, when I can't get the ketchup out of the bottle, etc) Have an invention contest. Draw designs to show your invention or really make something that works. Give a certificate to the winner.

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TASK CARD # 11

BENCHMARKS - The student should know:

* Everyone has things that they can do well

Activity: Photo Talent Display

Draw clues to one of your talents. Let the class guess your talents using the clues. Put a photo of each person, such as a school pictures in the center of a piece of paper. Surround the photos with clues drawn for each talent. (Piano keys, music notes, a football, a paintbrush, a mixing spoon, etc.)

TASK CARD # 12

BENCHMARKS - The student should know:

* Obey the laws, obey rules and play fair in games and sports
* Athletes who use drugs called steroids to give them superior strength and energy, are thrown off their teams
* They lose their trophies and medals, when judges learn of the illegal practice of using these drugs.

Activity: Exciting Moment

Explain your favorite sport. Tell about special equipment that you need to play it, the rules to follow and the most exciting moment you ever had when you were involved in that sport. Tell how you feel when team members don't follow the rules.

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TASK CARD # 13

BENCHMARKS - The student should know:

* Obey all laws about alcohol, drugs and cigarette smoking.
* Rules are meant to keep you safe

Activity: Good Leader Picture

Follow the rules in your classroom and in your school building. Respect your teachers, principal, and team leaders. They have studied hard and dedicated their lives to helping students learn and grow. Draw yourself with your group leader. Show as many reasons as you can why your leader is a good leader.

TASK CARD # 14

BENCHMARKS - The student should know:

* People who can control their stress probably won't turn to drugs

Activity: Role Playing

Find time to laugh, because laughing is good for your body and it's good for your mind. Everyone needs time to relax and to find their sense of humor. Write about the funniest thing that you can remember. Draw a pictures or act out what happened. Use a partner if you need to. Compare funny scenes from favorite movies.

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TASK CARD # 15

BENCHMARKS - The student should know:

* Drugs destroy people's health
* Laws of your state and your city are meant to protect people and property

Activity: USA 21st Century

Be a builder. Build things up. How do you feel when someone breaks something that belongs to you? Think of a dream you have for the future of our country. Explain it to the class. On a large roll of paper, the teacher or leader draws an outline of the shape of the U.S. Spread the paper out on the floor, so that small groups can rotate to the outline map. Draw tiny pictures all over the U.S. to show your dreams for a better tomorrow. (computers for schools, money for housing, hats to show different jobs, rocket for space travel, science bottles for disease cures, etc).

TASK CARD # 16

BENCHMARKS - The student should know:

* Get lots of fresh air and exercise
* A healthy body helps your mind to be healthy, too.
* The use of alcohol, drugs and cigarettes will hurt your body
* Don't put anything into your body that will stop it from working right

Activity: Space Age Fitness Center

Design a space age fitness center with fun activities such as trampolines, pools, indoor track, jump rope competitions, etc.

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TASK CARD # 17

BENCHMARKS - The student should know that:

* Illegal drugs cause "addiction", which means users get "hooked on" the drug
* They cannot stop using the drug, no matter how hard they try

Activity: Picture

Sometimes we want a good time to last forever. Draw a picture that shows things that are hard for you to stop doing. Riding your favorite amusement park ride, stop trick or treating on Halloween, stop swimming in a pool or lake, stop watching a TV show to take a bath, etc.)

TASK CARD # 18

BENCHMARKS - The student should know that:

* Police officers, and judges should be respected.
* Respect should be shown for people serving in the Army, Navy, Air Force or Marines
* People choose jobs in law, crime prevention or Armed Forces to keep all of us safe and happy

Activity: "Happy Birthday USA!" Cake

Love your country. This is YOUR country. Every good thing you do, keeps the U.S.A. healthy and strong. Every person can make a difference. Design a special birthday cake for our country. Tell how you will make a difference in the War on Drugs across our land.

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TASK CARD # 19

BENCHMARKS - The student should know that:

* Happiness does not come packed inside a "pill"
* Happiness cannot come from the use of drugs or alcohol

Activity: Scrapbook

Use a calendar. Think of a holiday, or a reason for celebration each month of the year. Be sure to include your birthday because you are special. Make a class scrapbook of different holiday pages showing things to look forward to. Think of one, drug-free activity for each of the twelve months.

TASK CARD # 20

BENCHMARKS - The student should know:

* Drug abusers and law breakers have lives that are all messed up

Activity: Picture - Before and After

Keep yourself and your belongings organized, and your mind will be organized, too! Show something of yours that should be straightened up. Show "before" and "after", by folding the paper in half (messy closets, drawers, toy boxes, under the bed, backpacks, garages, student desks, etc). Make a display of all the "before" and "after" pictures. People using drugs cannot keep anything in order. Their lives are scrambled like a jigsaw puzzle.

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TASK CARD # 21

BENCHMARKS - The student should know:

* Drugs and alcohol put a body "out of whack", sort of like destroying the balance of nature
* Your body needs a good balance of food, exercise, sleep, fun and learning

Activity: Gift List

Since playing hard, is an important as part of a balanced life, show your favorite games to play inside and outside. Make a long class list of good board games, computer games, card games and educational games. Have a grown-up type this list, possibly showing price and where to buy the games. Make many copies of your list and send home to parents for holiday and birthday gift ideas.

TASK CARD # 22

BENCHMARKS - The student should know:

* Your body is a fine-tuned machine that must be constantly cared for and respected
* Keep your body free from chemicals, drugs and alcohol that will harm it or destroy it

Activity: Scavenger Hunt

Bring in labels from canned foods and beverages, and cardboard or plastic packages. Go on a scavenger hunt for the word "sugar" or "sodium" (salt) on the ingredient labels. Notice how much sugar and salt is inside many of the foods we eat, and we don't even realize it. Too much salt or sugar is not good for you. Many things you put inside your body, including drugs, can be harmful. Always be sure of what you are eating or drinking. Never eat, drink, chew or sniff anything you are not sure of.

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TASK CARD # 23

BENCHMARKS - The student should know:

- Smoking makes you cough
- Smoking makes your teeth and fingers turn yellow
- It is illegal for young people to buy or use tobacco

Activity: Picture

Housecleaning is important. "Houseclean" your mind, your body and your life. Show the world the neat person you are - clean and free from drugs and alcohol. Draw yourself looking and feeling your very best. Show your very best outfit, clean, combed hair, trimmed fingernails and a sparkly clean face. On the other side of the paper, draw the fanciest outfit you can think of.

TASK CARD # 24

BENCHMARKS - The student should know:

- Many drug users will be linked to other crimes, such as burglary, to get the money they need to buy more drugs

Activity: Safety Essay

- Keep yourself safe, your family safe, and your whole community safe, by taking steps that will stop crime from happening. Fix broken windows, put your bike away safely, get street lights for dark areas, report suspicious behavior... Write about one of your good ideas to make your school or neighborhood safer, or draw a picture. Send good ideas to a newspaper editor!

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TASK CARD # 25

BENCHMARKS - The student should know:

* Alcohol use today is much worse than years ago.
* Half of our 6th graders feel pressure to drink alcohol
* Alcohol is an active drug

Activity: Personality Inventory

You are going to keep a journal which is like a "log" or a diary. You will answer four, fun, personality questions with each task card. You only need to share answers with the group when you want to. It will be great to get to know everyone here a little bit better. You'll be surprised how many ways you are like other children here!

JOURNAL

* Why do you think it is hard to find really good friends?
* If you could pick anybody in the world to be your friend, who would it be?
* What would you do if a best friend repeated a secret you told them not to tell?
* I think I would never smoke because ...

TASK CARD # 26

BENCHMARKS - The student should know:

* Cigarettes, chewing tobacco and snuff all contain the drug nicotine
* Nicotine is a drug that makes your heart work harder
* Tobacco causes lung disease, cancer and death

Activity: Personality Inventory

Continue individual journals from task card # 25

* What was the nicest thing you ever did for one of your friends?
* How do you think your friends describe you?
* How do you think your teachers describe you?
* I know I won't use drugs because ...

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TASK CARD # 27

BENCHMARKS - The student should know:

* There are many children whose mothers and fathers are alcoholics
* Alcoholics can get help to stop drinking, but there is no "cure" for alcoholism
* Some people smoke or chew tobacco

Activity: Journal

Continue individual journals:

* How would you describe yourself?
* When are you jealous of your friends?
* I don't like to hang around kids who...
* I don't think adults should use alcohol and then drive a car because...

TASK CARD # 28

BENCHMARKS - The student should know:

* A person who is addicted to alcohol is called an alcoholic
* An alcoholic can't stop drinking even though he knows it is wrong for his body
* Alcoholism is a disease that makes problems for the whole family, and friends of the users

Activity: Journal

Continue individual journals

* My favorite song is
* My favorite TV show is
* My favorite color is
* I don't think TV ads should show alcohol as being "cool" because...

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TASK CARD # 29

BENCHMARKS - The student should know:

* Any amount of alcohol damages growing bodies
* Television and movies make drinking alcohol seem good, but they don't tell you how alcohol can hurt you
* People say no to drugs for many reasons

Activity: Journal

Continue individual journals:

* The sport I like best is
* If I could have any pet, I would want a
* My career someday will be
* We should respect police officers because

TASK CARD # 30

BENCHMARKS - The student should know:

* People who drink alcohol have a problem with memory
* Grades go down with alcohol use
* Some people think that drinking alcohol will keep kids off harder drugs, but the opposite is true

Activity: Journal

Continue individual journals:

* The school subject I like best is
* If I had special powers, I would
* A school rule I would change is
* The ways I would use to say "NO" to drugs are
* Alcohol, tobacco, marijuana are called "Gateway" drugs

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TASK CARD # 31

BENCHMARKS - The student should know:

* People who use illegal drugs can be arrested and put in jail
* Alcohol hurts the heart, brain, liver and stomach
* Alcohol is a drug that slows down the brain and makes it hard to tell right from wrong

Activity: Journal

Continue individual journals:

* The best movie I ever saw was
* A hero to me is
* I can be a good citizen by
* I can make my city a safer place to live by

TASK CARD # 32

BENCHMARKS - The student should know:

* There are many, many types of drugs
* People hurt their bodies even if they try illegal drugs for the first time
* Different drugs affect the body in different ways

Activity: Journal

Continue individual journals:

* I am proud of our police department because
* I should hang out with other kids who don't use drugs because
* At recess I have a habit of
* I tell my troubles to

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TASK CARD # 33

BENCHMARKS - The student should know:

* A drug is any substance, that when put into your body, changes the way your mind and body work
* Illegal means against the law
* Addicted means to get "hooked on" a habit

Activity: Journal

Continue individual journals:

* A quiet place I like to be is
* If I saw someone shoplifting, I would
* A food I love is
* If a friend wanted to copy my test answers, I would

TASK CARD # 34

BENCHMARKS - The student should know:

* Many people who drink alcohol also use marijuana
* Marijauna users are even more likely to try cocaine
* How fast you become drunk depends on your age and weight

Activity: Journal

Continue individual journals:

* A memory from a long time ago that makes me feel happy is
* If a friend of mine forgot his homework, I would
* If my friend was not riding his bicycle safely, I would
* I laughed the most when

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TASK CARD # 35

BENCHMARKS - The student should know:

* Teenage drinking is against the law
* Alcohol users can lose their licenses
* An adult, even a parent, who is caught giving alcohol to someone under age will be fined

Activity: Journal

Continue individual journals:

* I cried a lot when
* I know I can trust a police officer to
* If all the people in our country stopped obeying laws
* Things I like to collect are

TASK CARD # 36

BENCHMARKS - The student should know:

* Alcohol is the number one killer of teenagers
* The death rate has gone down for every age group except teenagers
* About 10,000 young people age 16-24 are killed each year, with death linked to alcohol

Activity: Journal

Continue individual journals

* It would be exciting to earn a living by
* I am glad I live in the USA because
* I will never drive drunk because
* I would not want to take steroids to win sports games because

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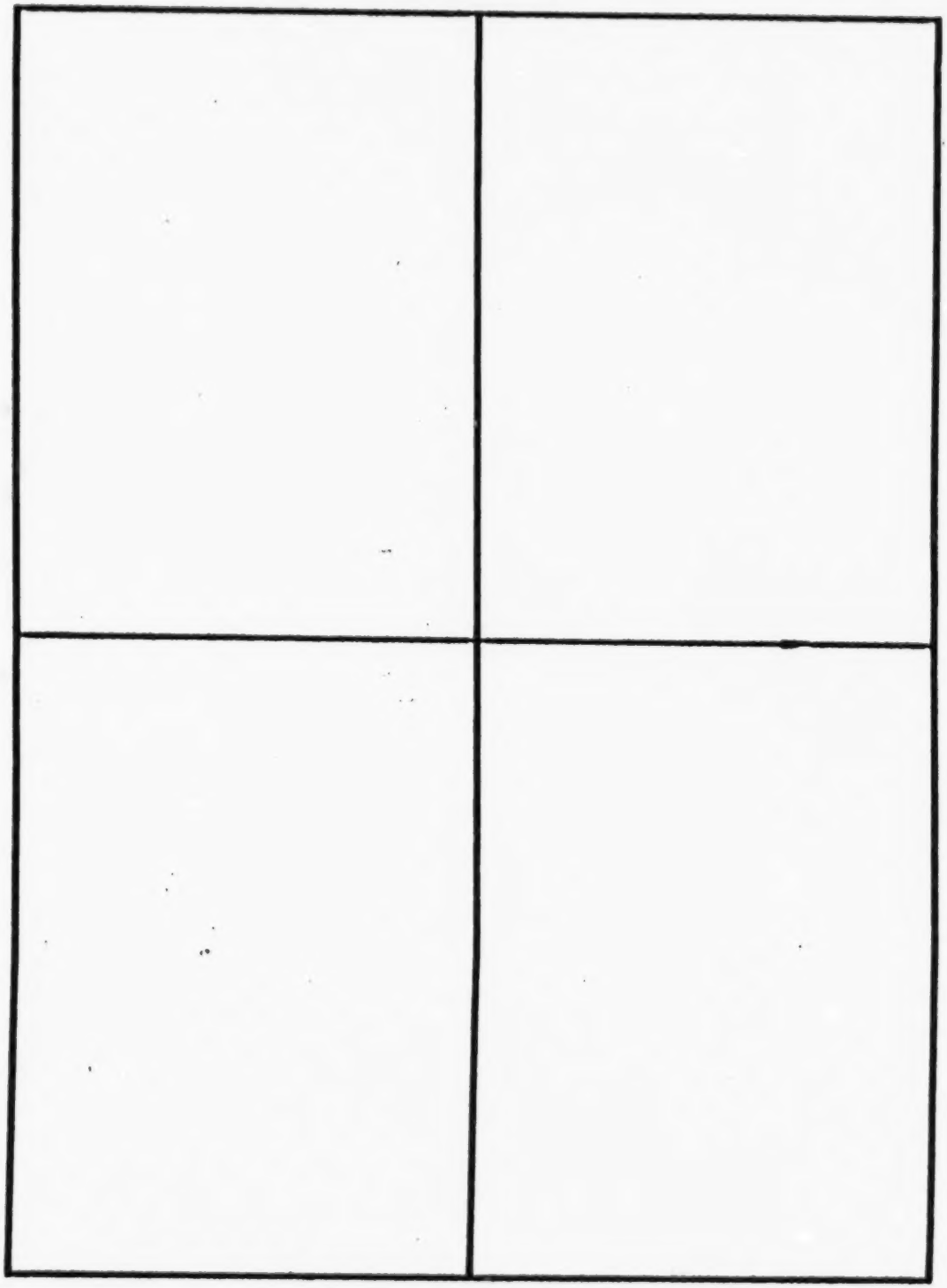
SCRAPBOOK

Duplicate many for student use.



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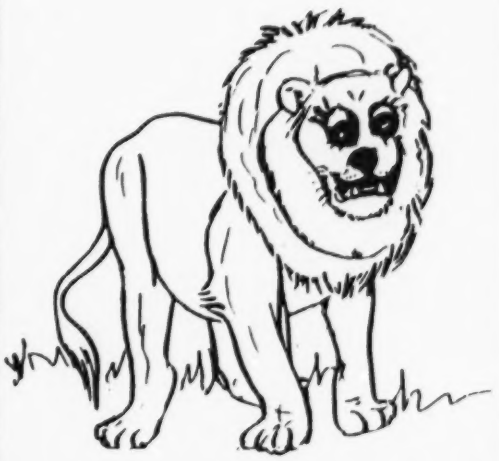
ZAC CAT

Za' cat is out of the bag. Drugs are a bad scene!

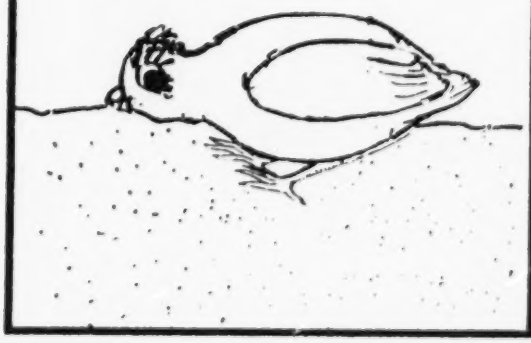


DISCO CANE

'Dis cocaine is dangerous. Say "NO" to drugs!

FRAN TICK

Frantic efforts to rid the USA of drug abuse.



RADIO NOT

Ready or not, here we come to help you stay drug-free.

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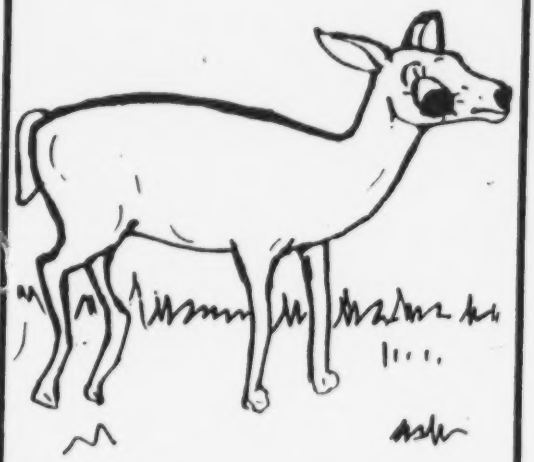
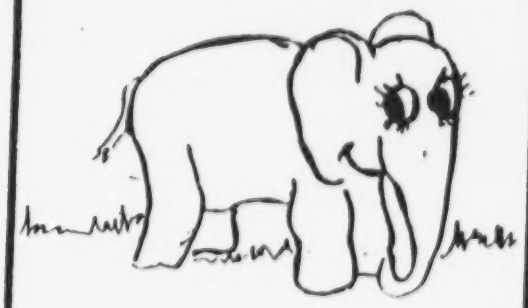
EMMA FRAYED
I'm afraid I haven't told you how special you are

DEE SIDE
Decide to stay alcohol-free



FAY MAND
Fame and fortune await those who win the War on Drug!

HOWIE GONNA
How we gonna win the War on Drugs?



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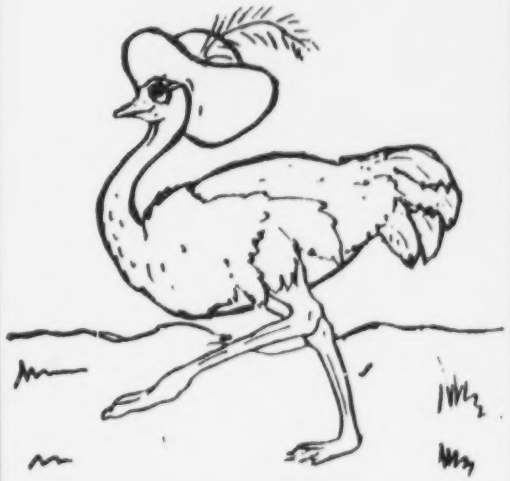
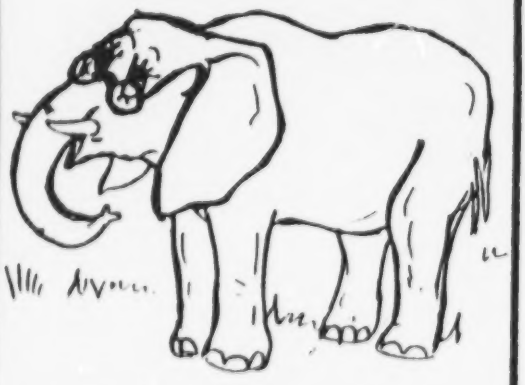
SARAH MONIES
Ceremonies to celebrate drug-free kids!

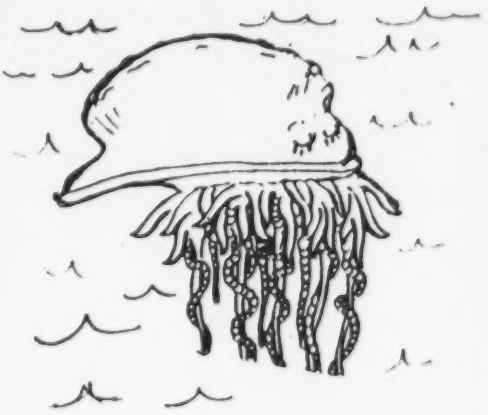


LEE VIT
Leave it to this great group to win the War on Drugs

POP ULATION
Populations of drug free youth for the 21st Century.



KAREN LIKE
Carin' like I do about you, I want you to stay clean and free.



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ANN DEACH

And each of you is very special.

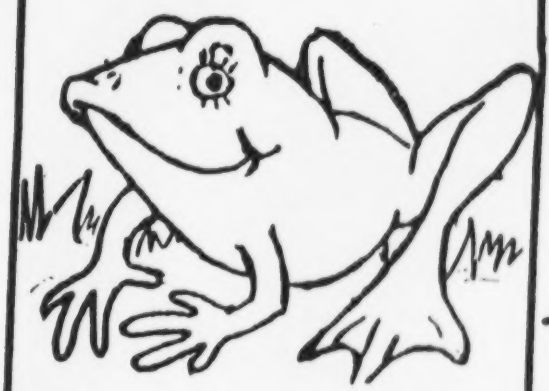
stay alcohol-free

HY WAY

Highway accidents, almost half, involve alcohol

TIM MID

Timid or shy kids, have to say "NO" to drugs, loud and strong!



ANNA MORE

Any more in your group who are drug-free?

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BEA CUMMING

Becoming strong to stand up against drug abuse.

BEN WATCHING

Been watching and clapping for my drug-free friends.

ROB BING

Robbing our environment of fresh air. Don't smoke!

MARK MYWORD

Mark my word. Drug-free is best!

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BEV VERAGE

Beverages of wine and beer, are still alcoholic

SUE NERR

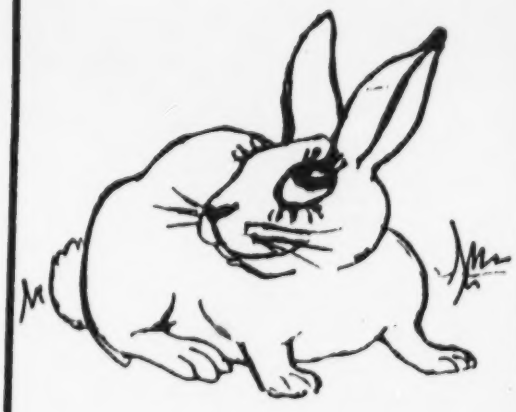
Sooner or later, we'll win the War on Drugs

R. BATCHES

Are batches of second graders promising to be drug-free?

KARA LOT

Care a lot about your body? Don't pollute it with drugs



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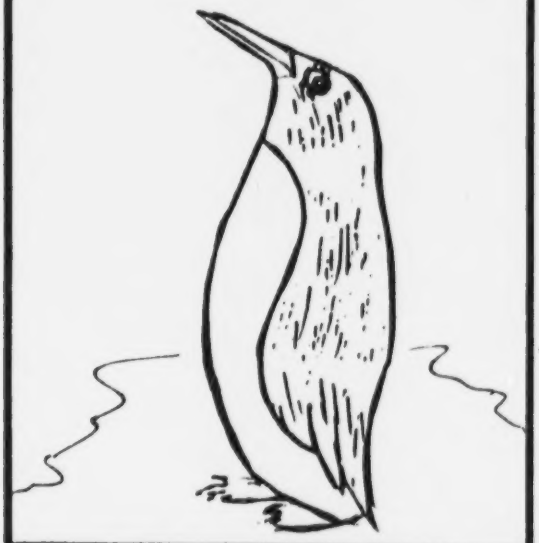
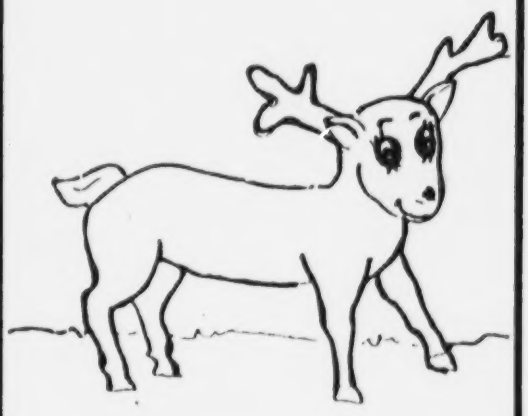
OLLIE LONE

All alone? Join this happy alcohol-free group!



RUSTY YOLD

Rusty old beer cans! Why pollute your body?



LINDA HAND

Lend a hand and help the drug-free movement

JAY L. TIME

Jail time for drug "pushers"

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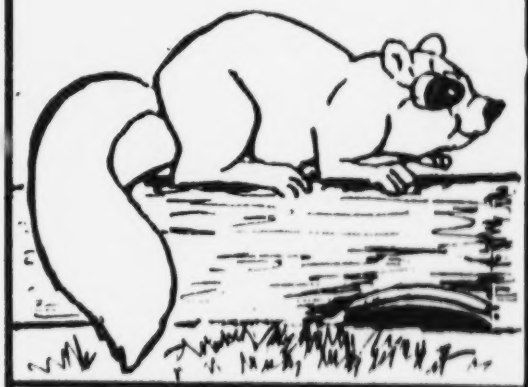
M. CATCHING

Am catching the excitement... a drug-free group here!



ALDA TIE

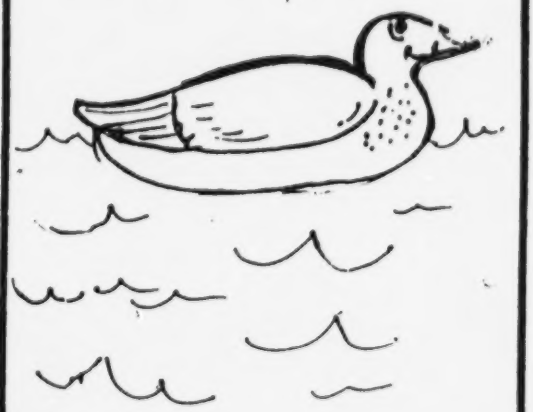
All da' time I think how special you are.

WHIZ KEY

Whiskey, vodka, gin, scotch, brandy, rum and bourbon are alcoholic

DOZEN EVERYBODY

Doesn't everybody know that alcohol is bad for your health



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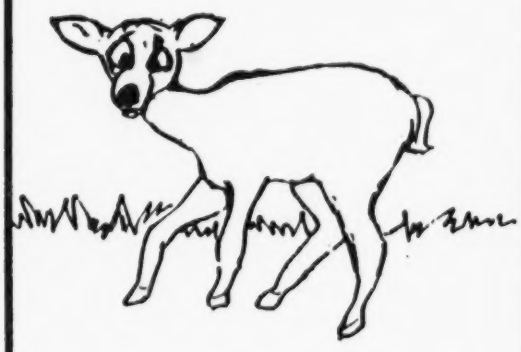
DEE PEND

Depend on this special group to refuse drugs



CANDICE BEE

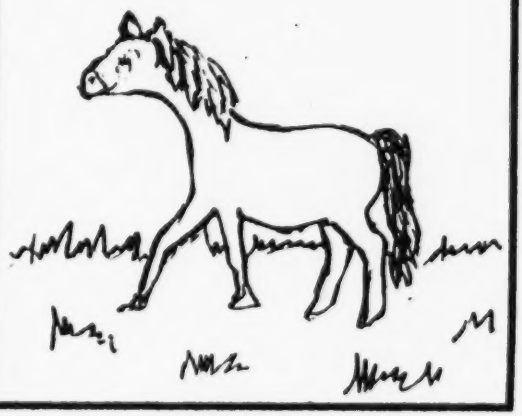
Can 'dis be true? A drug-free USA by the 21st Century?

ABE BELL

Able to say "NO" to drugs everytime!

ED ITIONS

Editions of each newspaper tell of crimes of drug abuse.



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Andante

THEME SONG

SPARKS ARE THE KEY...

TO MAKE US HAPPY AND STAY DRUG-FREE!

WE'LL FOLLOW YOU AND BE YOUR FRIEND,

LET'S CHASE THE SUN AND FIND THE RAINBOW'S END!

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SPARKS UNDER STAND...

SO TAKE OUR HAND AS WE CROSS THIS LAND...

IT'S UP TO YOU AND IT'S UP TO ME...

TO MAKE THIS WORLD A BETTER PLACE TO BE!

ritardando

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SPARKS DRUG AND ALCOHOL AWARENESS TEST FOR GRADE TWO

NAME_____DATE_____

DECIDE IF EACH STATEMENT IS "TRUE" OR "FALSE", THEN WRITE TRUE OR FALSE BEFORE EACH STATEMENT.

___ 1. Eating the right foods will help you feel good.

___ 2. Stress is always bad.

___ 3. Getting enough sleep will help you cope with stress.

___ 4. Your life is special and there is no one exactly like you anywhere.

___ 5. Using alcohol or drugs, changes your mind and body in many ways.

___ 6. Beer is not alcohol.

___ 7. Wine is alcohol.

___ 8. Alcohol and drug use, are ways that you hurt yourself.

___ 9. Some people use alcohol or drugs because they think that it will solve their problems and fix mistakes.

___ 10. Some people who use steroids are trying to get very strong so that they, or their team, will win in sports.

___ 11. Those who take steroids risk losing their medals, trophies and certificates and will be removed from their teams.

___ 12. Steroid use for competition in sports is illegal.

___ 13. Laughing and having a good sense of humor will help stress in your life.

___ 14. Everyone makes mistakes and no one is perfect.

___ 15. You cannot get "hooked" on drugs.

___ 16. You cannot get "hooked" on cigarettes.

___ 17. Tobacco makes your teeth and fingers turn yellow.

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___ 18. Drug users will probably not commit other crimes.

___ 19. It is illegal for young people to buy or use tobacco.

___ 20. Nicotine is a drug found in cigarettes, chewing tobacco and snuff.

___ 21. Tobacco causes cancer, lung disease, and death.

___ 22. Nicotine makes your heart work harder.

___ 23. There is a cure for alcoholism.

___ 24. Alcoholism is a disease.

___ 25. Those who sell drugs will not be arrested and put in jail.

___ 26. Alcohol hurts the heart, liver, brain and stomach.

___ 27. It is safe to try drugs the first time.

___ 28. There are many, many types of drugs.

___ 29. Marijuana users will probably never go to stronger Gateway drugs.

___ 30. Alcohol is the number one killer among teenagers.

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SPARKS DRUG AND ALCOHOL AWARENESS TEST FOR GRADE TWO

ANSWER KEY

DECIDE IF EACH STATEMENT IS "TRUE" OR "FALSE", THEN WRITE TRUE OR FALSE BEFORE EACH STATEMENT.

TRUE 1. Eating the right foods will help you feel good.

FALSE 2. Stress is always bad. **SOME STRESS IS GOOD**

TRUE 3. Getting enough sleep will help you cope with stress.

TRUE 4. Your life is special and there is no one exactly like you anywhere.

TRUE 5. Using alcohol or drugs, changes your mind and body in many ways.

FALSE 6. Beer is not alcohol. **IT IS**

TRUE 7. Wine is alcohol.

TRUE 8. Alcohol and drug use, are ways that you hurt yourself.

TRUE 9. Some people use alcohol or drugs because they think that it will solve their problems and fix mistakes.

TRUE 10. Some people who use steroids are trying to get very strong so that they, or their team, will win in sports.

TRUE 11. Those who take steroids risk losing their medals, trophies and certificates and will be removed from their teams.

TRUE 12. Steroid use for competition in sports is illegal.

TRUE 13. Laughing and having a good sense of humor will help stress in your life.

TRUE 14. Everyone makes mistakes and no one is perfect.

FALSE 15. You cannot get "hooked" on drugs. **YOU CAN**

FALSE 16. You cannot get "hooked" on cigarettes. **YOU CAN**

TRUE 17. Tobacco makes your teeth and fingers turn yellow.

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FALSE	18.	Drug users will probably not commit other crimes. **PROBABLY WILL**
TRUE	19.	It is illegal for young people to buy or use tobacco.
TRUE	20.	Nicotine is a drug found in cigarettes, chewing tobacco and snuff.
TRUE	21.	Tobacco causes cancer, lung disease, and death.
TRUE	22.	Nicotine makes your heart work harder.
FALSE	23.	There is a cure for alcoholism. **THERE IS NO CURE**
TRUE	24.	Alcoholism is a disease.
FALSE	25.	Those who sell drugs will not be arrested and put in jail. **THEY WILL**
TRUE	26.	Alcohol hurts the heart, liver, brain and stomach.
FALSE	27.	It is safe to try drugs the first time. **IT IS NOT**
TRUE	28.	There are many, many types of drugs.
FALSE	29.	Marijuana users will probably never go to stronger Gateway drugs. **PROBABLY WILL**
TRUE	30.	Alcohol is the number one killer among teenagers.

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